

# BRIDGEWATER SENIOR CALENDAR

February 2020

908-725-8020/575-8021

Mon	Tue	Wed	Thu	Fri
<b>3</b> Strength Bands 9:30 Chair Aerobics 10:15 Dance Fitness 11:15 Weights 12:15 Tap Dance 1:15 Jewelry Class 12:00-2:30	<b>4</b> Knitting 10:00 Pool/Shuffle Board 10:00 Club Meeting 12:00 Bingo	<b>5</b> Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 MahJong & Cards 12:00	<b>6</b> Computer Class 9:30 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00	<b>7</b> ZUMBA 9:30 Weights 10:30 Aerobics 11:30
<b>10</b> Strength Bands 9:30 Chair Aerobics 10:15 Dance Fitness 11:15 Weights 12:15 Tap Dance 1:15 Jewelry class 12:00-2:30	<b>11</b> Knitting 10:00 Pool/Shuffle Board 10:00 Club Meeting 12:00 Board Meeting	<b>12</b> Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 MahJong & Cards 12:00 <b>EISENHOWER SCHOOL                      GRANDPARENTS BREAKFAST                      9:30 – 11:00</b>	<b>13</b> Computer Class 9:30 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00	<b>14</b> ZUMBA 9:30 Weights 10:30 Aerobics 11:30 <b>HAPPY VALENTINE'S                      DAY</b>
<b>17</b> <b>PRESIDENT'S DAY                      CENTER CLOSED</b>	<b>18</b> Knitting 10:00 Pool/Shuffle Board 10:00 Club Meeting 12:00 Business Meeting Care One Luncheon	<b>19</b> Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 MahJong & Cards 12:00	<b>20</b> Computer Class 9:30 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00	<b>21</b> ZUMBA 9:30 Weights 10:30 Aerobics 11:30
<b>24</b> Strength Bands 9:30 Chair Aerobics 10:15 Dance Fitness 11:15 Weights 12:15 Tap Dance 1:15 Jewelry Class 12:00-2:30	<b>25</b> Knitting 10:00 Pool/Shuffle Board 10:00 Club Meeting 12:00 Program Birthday Lunch	<b>26</b> Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 MahJong & Cards 12:00	<b>27</b> Computer class 9:30 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00	<b>28</b> ZUMBA 9:30 Weights 10:30 Aerobics 11:30

