



**GIRL'S SPRING LACROSSE  
2019 PROGRAM  
GRADES 3-8**

The fundamentals and tactics of girl's lacrosse will be taught and the focus is on learning and skill development. The volunteer coaching staff will also be stressing the importance of teamwork and good sportsmanship. This program is for **girls in grades 3 thru 8**. Practices/games can be held on weeknights as well as weekends. This is a **travel program** and all teams will have home and away games against other towns/clubs – expect some travel. This program starts in early March of 2019 and concludes in early June.

**The cost is \$300.00.** The registration fee includes the cost of a new uniform, league fees, and for participation in a non-league tournament at the end of the year. Note: If you daughter played last Spring and her uniform still fits you can opt to register without a uniform order and deduct \$65 from your fee. Checks made payable to "Bridgewater Lacrosse, Inc.". See our website for "Family Discount" information.

Each participant must have her own lacrosse stick and full protective equipment – goggles and mouth guard. If you need information on purchasing equipment, please email [nciocon@hotmail.com](mailto:nciocon@hotmail.com).

Each participant must have a valid US Lacrosse membership with an expiration date no earlier than 7/1/2019. The annual membership cost is \$30.00 and is required for all Bridgewater lacrosse programs. To become a member or extend your membership go to: [www.uslacrosse.org](http://www.uslacrosse.org) or call (410) 235-6882 x 102. Your daughter's membership must be linked to "Bridgewater Youth Lacrosse".

**Registration deadline is Thursday, November 1<sup>st</sup>. There will be a MANDATORY registration meeting and uniform fitting** on this date at the Senior Center (455 Somerville Road) from 7:00 to 8:30 pm. At this meeting each player will be measured for her uniform and all necessary equipment needs will be addressed including stick checks to make sure pockets are legal for 2019. **All Players must attend to have their uniforms sized and sticks checked – please bring stick(s)!!** Please note that participants need to obtain US Lacrosse membership on their own prior to the registration meeting.

If you would like to speed up your registration process at the Registration Meeting, it is suggested that you pre-register online by going to the "Online Registration" section of our website and submitting your registration there. This is our **preferred method of registration** and we encourage you to utilize it. **PayPal and credit cards accepted online only.** Please make sure your fee is paid prior to the Registration Meeting. For more information contact Noel Ciocon at [nciocon@hotmail.com](mailto:nciocon@hotmail.com) or visit [www.bridgewaterlacrosse.com](http://www.bridgewaterlacrosse.com).

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**2019 Girl's Spring Lacrosse – Grades 3-8** Checks payable to "Bridgewater Lacrosse Inc." \$300

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Parent Cell Phone #: (    ) \_\_\_\_\_ School: \_\_\_\_\_  
 Parent's First Names: \_\_\_\_\_ Player's DOB: \_\_\_\_\_ (as of 9/18) US Lax#: \_\_\_\_\_ Exp Date: \_\_\_/\_\_\_/\_\_\_  
 Parent's E-mail Address #1: \_\_\_\_\_ Parent's Email Address #2: \_\_\_\_\_  
(Please print legibly) (Please print legibly)

Medical Insurance Carrier: \_\_\_\_\_ Policy # \_\_\_\_\_

**I am interested in volunteer coaching for Bridgewater Lacrosse (please check box – no experience necessary!)**

If participant has individualized needs due to a disability, please check the following and someone will contact you regarding reasonable accommodations.  Yes, I will need to be notified regarding special considerations for my child.

Injuries may occur. Please note that neither Bridgewater Lacrosse Inc. nor the Bridgewater Township Recreation Department provide individual medical coverage for their participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information.

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 Parent/Guardian Signature Date