



Girls Skills & Drills

GRADES 2-6

90 minutes of lacrosse skills and drills: stick handling, dodging, shooting, defense, modified game play, and half field scrimmages. This is intended for both new and returning players to introduce and advance lacrosse skills. Only for current grades 2-6. Need your own stick, protective goggles and mouthguard.

For: Girls in current grades 2-6

When: Saturdays, September 24 & October 1, 8, 15, 22, & 29 2016 from 5:00 pm to 6:30 pm

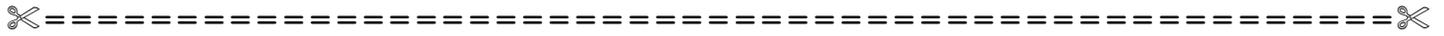
Where: Bridgewater High School (BRHS) – Turf Fields

Cost: \$60.00 for Bridgewater-Raritan residents. Checks made payable to “**Bridgewater Lacrosse Inc.**”. Each participant (2nd through 6th grade) must have her own lacrosse stick, goggles & mouthpiece.

Each participant must have a valid US Lacrosse membership with an expiration date no earlier than 11/1/2016. The annual membership cost is \$25.00 and is required for all Bridgewater lacrosse programs. To become a member or extend your membership go to: www.uslacrosse.org or call (410) 235-6882 x 102. Your daughter’s membership must be linked to “Bridgewater Youth Lacrosse”.

For more information contact nciocon@hotmail.com or check out our website at: www.bridgewaterlacrosse.com. **On-line registration is also available on our website (Preferred method! PayPal and credit cards accepted online only.)**

⇒ **Registration Deadline:** Friday, September 16, 2016 ⇐
by 5:00pm at the Bridgewater Recreation Department, 100 Commons Way



2016 Girl’s Fall In-town Lacrosse

\$60.00 checks payable to “Bridgewater Lacrosse Inc.”

Last Name: _____ First Name: _____
 Mailing Address: _____ Town: _____ Zip: _____
 Parent Cell Phone #: () _____ School: _____
 Parent’s First & Last Name: _____ Player’s DOB: _____ US Lax#: _____ Expiration Date: _____
 Parent’s E-mail Address: _____ Grade as of 9/2016: 2 3 4 5 6

(Please print legibly)

If participant has individualized needs due to a disability, please check the following and someone will contact you regarding reasonable accommodations.
 Yes, I will need to be notified regarding special considerations for my child.

Injuries may occur. Please note that Bridgewater Township Recreation Department does not provide individual medical coverage for its participants. Each participant will be covered under his/her family’s medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information.

Parent/Guardian Signature

____/____/____
Date