



Foodstock NJ
20 Randolph Road
Freehold, NJ 07728
www.FoodstockNJ.org

Dear Residents,

Mayor Hayes invites you to participate in **Foodstock Week July 7th through July 12th**!

Foodstock is a grassroots 501c3 organization that has been formed to assist with the needs of our less fortunate community members who are struggling to put food on their tables and to provide our generation with an opportunity to give back. Their successful effort began in 2010 with a small food drive event and to date they have collected 380,000 pounds of food. Their efforts have greatly benefited local food pantries which have come to depend on the great work of the Foodstock organization.

Please deposit your generous non-perishable food donation between July 7th through July 12th in the blue bins located inside the Administration vestibule at the Municipal Complex, 100 Commons Way. Your food donations will be delivered to the Food Bank Network of Somerset by Foodstock on July 12.

Thank you in advance for considering being a part of Foodstock Week. Many families will be touched by your contribution.

EXAMPLE OF WHAT TO DONATE

PROTEIN

Peanut butter

Jellies and Jams

Canned tuna or salmon

Canned chicken or ham

Beans – canned or dried

FRUITS AND VEGETABLES

Vegetables (canned)

Fruit (canned), Fruit cups, Applesauce

Dried fruit (raisins, cranberries, prunes)

BREADS AND CEREALS

Oatmeal

Breakfast cereals (large boxes)

Pancake mix

Syrup

OTHER

Macaroni and cheese

Pastas (Whole Grain)

Rice

Instant mashed potatoes (boxed)

Stuffing mix

Canned soups

Canned stews, chili, Ravioli, spaghettios, etc.

Cranberry sauce

Gravy (canned)

Granola Bars

Peanuts, sunflower seeds, almonds

Vegetable Oil

DAIRY

Shelf-stable milk