



Somerset County Wellness Committee

presents



5K Race to Wellness

3.24.2018 • 5th Annual

Somerset County Wellness Committee in partnership with EmPOWER Somerset

Come run or walk with your family & friends at Duke Island Park!

Acquired in 1958, this 343 acre site has been developed to provide a wide variety of active and passive recreational opportunities and special events for park visitors!

Saturday, March 24, 2018

5K - 9:00am start • Mile Walk - 9:05am start • Awards - approx. 10:00am

**All proceeds from the race will help benefit Somerset County non-profits:
EmPOWER Somerset, Somerset County 4-H and Somerset County Tourism**

USATF Certified Course

AGE CATEGORIES:

10 & under • 11-14 • 15-19 • 20-29 • 30-39 • 40-49 • 50-59 • 60-69 • 70-79 • 80 & over

Awards for top 3 Overall Male / Female runners

Shirts and goody bags to pre-registered runners (while supplies last)

Refreshments, food and music provided

Pre-registration Entry Fee - \$30.00 • Same Day Entry Fee - \$40.00

Seniors 60+ and Students 19 and under - \$20.00

USATF Member Discount - \$3.00

Duke Island Park, 191 Old York Road, Bridgewater, NJ 08807

**Registration opens at 7:30am or
pre-register (Entry Fee \$30.00) online at:**

**<https://runsignup.com/Race?raceId=14411>
or for more information call (908) 625-5925**

