BRIDGEWATER SENIOR CALENDAR
September 2016
Donna Langel 908-725-8020/575-8021

Mon	Tue	Wed	Thu	Fri	
			1 **No Classes**	2 **No Classes**	
5 **LABOR DAY** **CENTER CLOSED**	6 Bridge 9:30 Knitting 10:00 Billiards/Shuffle Board 10:00 Club Meeting 12:00 Bingo	7 **No Classes**	8 **No Classes**	9 **No Classes**	
12 Sit & Get Fit 9:30 Stretch Bands 10:30 Dance Fitness 11:15 Weights 12:15 Jewelry Class 12:30 Roxies 2:30	13 Bridge 9:30 Knitting 10:00 Billiards/Shuffle Board 10:00 Business Meeting 12:00	14 Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 Mahjong 12:00 Roxies 2:00	15 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00 ZUMBA 1:30	16 Stretch Bands 9:30 Weights 10:15 Aerobics 11:30 Roxies 1:00	
19 Sit & Get Fit 9:30 Stretch Bands 10:30 Dance Fitness 11:15 Weights 12:15 Tap Dance 1:15 Jewelry Class 12:30 Roxies 2:30	20 Bridge 9:30 Knitting 10:00 Billiards/Shuffle Board 10:00 Program -Speaker 12:00	21 Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 Mahjong 12:00 Roxies 2:00	22 Sands 9:30 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00 ZUMBA 1:30 Cooking Class 11:30	23 Stretch Bands 9:30 Weights 10:15 Aerobics 11:30 Roxies 1:00	
26 Sit & Get Fit 9:30 Stretch Bands 10:30 Dance Fitness 11:15 Massage Therapy 12:00 Tap Dance 1:15 Jewelry Class 12:30 Roxies 2:30	27 Bridge 9:30 Knitting 10:00 Billiards/Shuffle Board 10:00 Birthday Lunch 12:00	28 Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 C/W Line Dance 12:30 Mahjong 12:00 Roxies 2:00	29 Tai Chi 9:30 Yoga 10:45 Strength Training 12:00 ZUMBA 1:30	30 Stretch Bands 9:30 Weights 10:15 Aerobics 11:30 Roxies 1:00	