BRIDGEWATER SENIOR CALENDAR
NOVEMBER 2015
Donna Langel 908-725-8020 / 908-575-8021

Mon	Tue	Wed	Thu	Fri	Sat
2 Sit & Get Fit 9:30 Stretch Bands 10:30 Dance Fitness 11:15 Tap 12:15 Weights 1:15 Roxies Dance Gr. 2:15	3 CENTER CLOSED ELECTION DAY	4 Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 Mahjong 12:00 C/W Line Dance 12:30 Roxies Dance Gr. 2:15	5 Tai Chi 9:30 Comptr. Class 9:30,10:30 Yoga 10:45 Strength Training 12:00 Bridge 12:30	6 Stretch Bands 9:30 Weights 10:30 Aerobics 11:30 Poker 1:00 Spirit Dance 2:30	
9 Sit & Get Fit 9:30 Stretch Bands 10:30 Dance Fitness 11:15 Tap 12:15 Weights 1:15 Roxies Dance Gr.2:15	10 Bridge 9:00 Knitting 10:00 Billiard/Shuffle Board 10:00 Business Meeting 12:00	11 CENTER CLOSED VETERAN'S DAY	12 Tai Chi 9:30 Comptr. Class 9:30,10:30 Yoga 10:45 Strength Training 12:00 Bridge 12:30 Hearing test 9:30-12:00	13 Stretch Bands 9:30 Weights 10:30 Aerobics 11:30 Poker 1:00 Spirit Dance 2:30	14 Festival Diwali 11:00-1
16 Sit & Get Fit 9:30 Stretch Bands 10:30 Dance Fitness 11:15 Tap 12:15 Weights 1:15 Roxies Dance Gr.2:15	17 Bridge 9:00 Knitting 10:00 Billiard/Shuffle Board 10:00 Program 12:00 2016 Medicare Update	18 Sit & Get Fit 9:30 Weights 10:30 Aerobics 11:30 Mahjong 12:00 Bright Way Meet & Greet 12:30 Roxies Dance Gr.2:15	19 Tai Chi 9:30 Comptr. Class 9:30,10:30 Yoga 10:45 Strength Training 12:00 Bridge 12:30	20 Stretch Bands 9:30 Weights 10:30 Aerobics 11:30 Poker 1:00 Spirit Dance 2:30	
23 NO CLASSES	24 Bridge 9:00 Knitting 10:00 Billiard/Shuffle Board 10:00 Birthday Lunch 12:00	25 NO CLASSES	26 CENTER CLOSED Happy THANKSGIVING !!!!!	27 CENTER CLOSED	