## **NEWS RELEASE**

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## Mayor Dan Hayes Announces Bridgewater Fall Senior Health Fair

The Bridgewater Township Department of Human Services will host a Senior Health Fair on Thursday, October 23, 2014 from 10:00 AM to 1:00 PM at the Bridgewater Senior Citizens Center. The Center is located at 455 Somerville Road, Bridgewater.

The free event, a component of the Bridgewater Mayors Wellness Campaign, will provide free health screenings and evaluations by certified health practitioners. These services will include blood pressure screening, eye examinations, hearing evaluations and derma-view skin audits. Influenza vaccinations will be available at no direct charge for Medicare Part B participants through the assistance of the Community Visiting Nurses Association of Somerville. Prominent participants are being added daily and will include the Robert Wood Johnson-Somerset Community Health Department, Natural Medicine and Rehabilitation, the Center for Pain Management, Total Hearing Center, Doctors Express Urgent Care, Wegmans-Bridgewater Pharmacy and the Cancer Support Community. In addition numerous senior-oriented vendor exhibits and service displays will be available for review and network opportunity.

A free continental breakfast will be available from 10:00 AM to 11:00 AM. The event will also feature door prizes and raffles courtesy of the exhibitors at the event. All individuals in the Central New Jersey area are welcome to attend.

The Mayor's Wellness Campaign is dedicated to promote active-living and healthy lifestyle initiatives in the community. For more information please contact the Bridgewater Township Department of Human Services by telephone at (908) 725-5750 or through email at <a href="health@bridgewaternj.gov">health@bridgewaternj.gov</a>.