

Bridgewater Recreation Department
100 Commons Way
Bridgewater, NJ 08807
908-725-6373
9am to 5pm Monday to Thursday
8am to 5pm Friday
www.bridgewaternj.gov

Fall & Winter 2010 - 2011
Bulletin VIII *Published June 2010*

This publication comes out twice a year. Once in late February early March for the Spring & Summer programs and once in June for the Fall & Winter programs. This publication will be distributed through the BRRSD and can be obtained on the Township website at www.bridgewaternj.gov. Be in the know!

Bridgewater United Soccer Club (BUSC)
Pee Wee = For Bridgewater-Raritan residents ages 4 & 5 year olds - To introduce young players to soccer, instructors from Soccer Centers will create a fun atmosphere with lots of touches on the ball. This program runs Saturdays, September 25 to November 13, 2010 at Soccer Centers in the afternoons. Registration form available on-line at www.bridgewaternj.gov or at the Recreation Department.

In-Town grades K-8 = For Bridgewater-Raritan residents 2010-2011 school year - Registration Deadline: Monday, August 2, 2010 Dedicated to providing all participants an equally fun and enjoyable soccer experience. Games on Saturdays starting September 25 to November 13, 2010 anywhere from 8:30am to mid afternoon. Practices once a week for an hour picked by the volunteer coach. Registration on-line.

Also new this year for the registered In-Town participant - FREE Pre-Season Soccer Clinics at Soccer Centers. Registration form on-line and at the Recreation Department.

Travel Program = BUSC travel program participates in the Morris County League. Games are scheduled to play on Sundays after 1pm with rain dates possibly playing on Saturdays. Practices twice a week. Try outs are preceding to the seasons of play. Contact the Travel Commissioner for details. Contact information on www.bridgewaterrec.com.

Bridgewater United Soccer Club Announcements...
Fall In-Town Soccer registration has not yet begun but will be available on-line at www.bridgewaterrec.com on or after June 11th, 2010.

New this year: All In-Town 1st - 8th grade and Travel Soccer participants will be required to order a new uniform on-line through an outside vendor. When registering for the program participants will be required to visit a separate website to order & purchase. (When registering for soccer there will be specific instructions as to where to click for uniform purchasing). Uniforms will be a separate cost from the soccer registration. Uniforms will still be used for two years (four full seasons) beginning September 2010. We will be holding two uniform fittings/sizing nights, one in June & one in July, where participants will have the opportunity to try on sizes and order uniforms in person; dates to be announced on website.

Visit the Township website www.bridgewaternj.gov or www.bridgewaterrec.com for more information.



Join our email list - want to receive Recreation information via email? Send a quick email to recreation@bridgewaternj.gov to be added to our distribution list and we will keep you in the loop! Don't miss another deadline!

Welcome to the Bridgewater Recreation Department! We encourage everyone to participate in our programs. If you or your child has an individualized need due to a disability, in accordance with the Americans with Disabilities Act, AND MAY REQUIRE A REASONABLE ACCOMMODATION IN ORDER to successfully participate, please note it on the registration form. The Recreation staff, in conjunction with the staff at the Somerset County Park Commission Therapeutic Recreation Department will contact you. Three weeks notice prior to the start of each program is needed to ensure that appropriate accommodations can be provided.



Volunteer Coaching Qualifications - The Township of Bridgewater requires all of their volunteer coaches and assistants to have both the Rutgers - Youth Sports Safety Orientation and have a Criminal History Background Check (CHBC) in order to volunteer. In order to acquire these credentials through the Bridgewater Recreation Department, volunteers must be pre-approved by the Recreation Department and also attend any mandatory coaches and/or program meetings.

TEEN OPEN GYMS

The open gyms at Bradley Gardens and Adamsville schools are now closed for the summer. They will reopen on October 15 (Bradley Gardens School) and October 17 (Adamsville School) and will remain open weekly until the following spring. All Bridgewater-Raritan youth in grades 7-12 are invited to attend. These open gyms offer basketball and other games. Pizza and soda are served at the end of each session. Hours of operation are Friday evenings from 5:30-8:00 at Bradley Gardens School and Sunday afternoons from 2:30-5:00 at Adamsville School. There is no charge to attend. Please note that some dates are subject to cancellation due to school functions. Check the Bridgewater Township website at www.bridgewaternj.gov for closures. If you have any questions, please call Bill Veliky at 908-725-6300 ext. 5080.

Group Directory - Independent Groups not affiliated with Bridgewater Recreation

Bradley Gardens Little Loop	908-203-1118
www.bradleygardensbaseball.com	
Bridgewater Baseball & Softball	908-685-0077
www.bridgewaterbaseball.com	
Bridgewater Soccer Association	908-658-9559
www.bridgewatersoccer.com	
Bridgewater Football League (BFL)	908-685-1346
www.bfljrpanthers.com	
Bridgewater-Raritan Pop Warner Football	908-578-3269
www.brpopwarner.org	
Raritan Valley Roller Hockey	888-658-8664
www.rvrhockey.org	
Somerset County Park Commission	908-722-1200
www.somersetcountyparks.org	



Get Out & Play Today!

Program registration forms for all programs will be available starting Monday, August 9th, 2010 at the Recreation Department and on-line at www.bridgewaternj.gov (with the exception of BUSC which has ongoing registration).

Volunteer Assistant Program

Bridgewater Recreation Department is recruiting volunteer program and sport assistants to shadow and assist people with disabilities in our various programs. Volunteers will receive inclusion training which includes disability awareness and sensitivity training. As a volunteer assistant you will play an essential role in helping participants be successful in programs and sports with their peers while having fun. If interested please complete a registration form available on-line or at the Recreation Department.

General Programs

Itty Bitty Ball held at Soccer Centers (ages 2 to 4)
 Flag Football (boys grades 3rd to 8th)
 Girls on the Run (girls grades 3rd to 5th) looking for coaches only
 Girls on Track (girls grades 6th to 8th) looking for coaches only
 Gym Time (kindergarten)
 Introduction to Cheer and Dance (girls grades kindergarten to 3rd)
 Manners Matter (ages 7 to 12)
 Smart Sitter (ages 11 to 16)
 Stepping into Sports held at Soccer Centers (ages 4 to 6)
 Adult Volleyball (ages 18 & over)

Basketball (programs for Bridgewater-Raritan residents 2010-2011 school year)

Kindergarten Program, In-Town League Play through Bridgewater Recreation Department for boys & girls grades 1st to 8th (separated by grade & gender) – Registration Deadline: Monday, October 4th, 2010. Travel Basketball 2010/2011 Bridgewater Recreation is looking into expanding our travel basketball opportunities for the upcoming season. Currently we have 7th & 8th grade travel teams and we are looking to expand the program for 4th, 5th & 6th grades. More information will be available when Fall/Winter registration forms become available. Please note: interested 4th graders will be required to participate in our in-town program as well. Boys & Girls High School Basketball League (grades 9th to 12th). Clinics with Gene McAteer, Varsity High School Boys Basketball Head Coach – Pre-Season Basketball Warm Up (boys k to 8), 2010 BR Teacher's Convention B-Ball Camp (boys & girls grades k to 8th). *New* - Announcing Clinics with Bridgewater-Raritan Varsity High School Girls Basketball Head Coach Dorcas Miller – Pre-Season Girls Offensive Clinic (girls k to 8).

Chess held at Dean of Chess Academy www.deanofchess.com (grades k to 8) Beginner/Young Intermediate; Intermediate/Advanced

Fencing held at Medeo Fencing Club www.MedeoFencing.com for Youth, Teens & Adults

Field Hockey held at Soccer Centers (girls ages 7 to 18) www.totaldutchfh.com

New - Fitness Boot Camp www.b-fitbootcamp.com (ages 13 to Adult) Strength, Conditioning, Weight Loss – AM & PM outdoor workouts!

Karate held at Somerville Martial Arts www.somervillemartialarts.com Tiny Tigers (3 to 4 year old), Kids Class (5 to 10 years old), Teen Class (11 to 13 years old), Adults Class (14 years old and up). *Full Day Kicking Kids Summer Camp 8/30-9/3 call 908-575-8700 for details!*

Lacrosse www.bridgewaterlacrosse.com Pee-Wee Outdoor Clinic (boys ages 4 to 1st grade and girls ages 4 to 2nd grade); Boys Fall Lacrosse (grades 1st to 4th); Boys Winter Indoor Lacrosse (grades 1st to 4th); Boys Spring Lacrosse League (1st to 8th); Girls Spring Lacrosse League (grades 2nd to 8th); Girls Skills & Drills (grades 3rd to 6th).

MADE www.madevolunteering.webs.com is Making a Difference Everywhere (Bridgewater-Raritan residents grades 9th to 12th 2010-2011 school year) an organization providing volunteering opportunities for teens.

Ski & Snowboard six Saturdays at Shawnee Mountain (grades 4th to 10th) Registration Deadline: Monday, November 1, 2010

Soccer The following programs are held at Soccer Centers www.soccercentersnj.com – Steppin into Soccer (ages 4 to 6), Pre-DTS (ages 5 & 6), Pre DTS Goalie (ages 7 to 8), Pre DTS Academy (ages 7 to 8), Futsal Young Lions (ages 7 to 8)

Soccer Kids held with the McLoughlin School of Soccer (ages 3 and over) www.soccer-kids.com

Softball Leagues Openings for Fall Mens and Co-Ed Leagues (nights to be determined) all NSA softball. For information contact Jim Dowling, League Commissioner at 908-338-6985 jrdow@hotmail.com. No individual players please; teams only.

Wrestling (programs for Bridgewater-Raritan residents 2010-2011 school year boys grades kindergarten to 8th) Recreation Wrestling Program (November to March), Off Season Wrestling Club www.pantherwrestling.org

Yoga held at Gurukul Yoga Holistic Center (GYHC) www.gurukulyoga.com; Programs for all ages (Mommy & Me, Junior, Teen, Adults, Seniors and Family); Body-Mind-Sculpting (Weight/Obesity Reduction); Addiction Cessation; Spinal Health; Summer-Camps, Bootcamps and Teacher/Therapist Training

YMCA Swim All programs held at the Garretson Road location – no membership needed! Registration for Pre-School swim courses will start Tuesday, September 7, 2010 from 6:00-7:00pm at the YMCA location on Garretson Road. Registration for all other swim programs Youth (ages 7 to 12) and Adult Swim (Beginner & Intermediate) will begin the same day at the YMCA during hours of operation and there after. See registration form for more specifics.

Somerset County Park Commission The Division of Recreation is currently a participating municipality with the Somerset County Park Commission Therapeutic Recreation (TR) Department, allowing for regionalized recreation program for children and adults with developmental disabilities. For further information, please contact the Somerset County Park Commission TR Department at (908) 526-5650 Monday to Friday 8:00am to 4:30pm. Somerset County Park Commission (908) 722-1200 www.somersetcountyparks.org.

Ken Cornell Wheels Park Attention Skateboarders, In-Line Skaters & BMX Bikers! Bridgewater Township and Raritan Borough have entered a shared service agreement with Somerville for residents at least 7 years old and adults in which residents can use the Ken Cornell Wheels Park for \$10. The park is along Veterans Memorial Drive in Somerville, near the Pizza Hut on East Main Street. For more information stop by the Somerville Recreation Department at Boro Hall 25 West End Ave – Somerville, NJ 08876, call (908) 704-6985 or visit www.Somervillenjrec.com.

Remember to look on-line at www.bridgewaternj.gov at the beginning of February for all Spring & Summer 2011 Recreation programs!