



STRIVE FOR 5

Bridgewater's 5K Spring Fitness Challenge

Presented by Bridgewater Baseball

Date: Sunday, April 26, 2009
Location: Prince Rodgers Complex
 Prince Rodgers Avenue
 Bridgewater, NJ 08807
Race Start: 9:00 a.m.
Registration: Via Mail by 4/17/09
 On-site 7:30 a.m. - 9:00 a.m.
Timing & Results: CompuScore.com
Awards Ceremony: Conclusion of 5K race



USATF Certified
NJ08502JHP

For More Information or Forms:

www.bridgewaterbaseball.com or Jaspear@optonline.net

Directions: I 287 to Rt.22 West, North Bridge Street exit to Prince Rodgers Ave. Limited on-site parking. Parking available at Vo-Tech School next to Bridgewater Library.

Entry Fees

Preregistered: \$17 (by 4/17) Includes T-Shirt
Day of Race: \$20 T-Shirt based on availability

All fees are nonrefundable.
\$2 discount for USATF members.

Mail form and entry fee payable to:

Bridgewater Baseball
 Attn: 5K Race
 P.O. Box 6258
 Bridgewater, NJ 08807

Name- Last: _____ First: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Sex: (circle one) M F Birth Date: _____ Race Day Age: _____

T-Shirt (circle one): S M L XL USATF-NJ# _____

Waiver/Release:

I hereby acknowledge and understand that participation in the Strive For 5 Bridgewater's 5K Spring Fitness Challenge is a potentially dangerous activity. I recognize that I should not enter and participate unless I am medically able and properly trained. I agree to abide by the decision of any event official relative to my ability to safely complete the course. I assume all risks associated with my participation in the event for which I am entering, including but not limited to: falls; contact with other participants; effects of any adverse weather conditions, including but not limited to heat, cold, ice and humidity; traffic and road conditions. All of the above risks being known and appreciated by me. Having read and fully understood this waiver, knowing these facts and in consideration of acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release, Bridgewater Baseball, the township of Bridgewater, all sponsors, their representatives, agents, successors and volunteers from all claims or liabilities of any kind arising from my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event or my likeness for any legitimate purpose.

For Official Use Only:

Participant Signature or Parent/Guardian Signature if entrant is under 18 years of age _____ Date _____ Amount _____ Cash _____ Check# _____