



# Winter Indoor Football Training

Attention all Football players in 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade! The Bridgewater Recreation Department along with BRHS Varsity Head Coach Scott Bray and his staff invite you to join our Winter Indoor Football Training program. The training will be held at the Branchburg Sports Complex (47 Readington Road – Branchburg, NJ 08876) on Sundays from 4:30 p.m. to 6:00 p.m. This program will help those players who are serious about competing at the High School level – coaching will focus on specific positions, skills and techniques to best prepare the player who is looking to enhance his performance.

Dates - Sundays, January 29, February 12, 19, 26, March 4, 11, 2012 (make up date March 18 if needed).

Time – 4:30 p.m. – 6:00 p.m.

Cost - \$100 per participant; checks payable to "Branchburg Sports Complex" (sorry, no cash payments accepted)

Registration Deadline: Friday, January 20, 2012

Registration: Space is limited; registration is based on first come, first served basis at the Bridgewater Recreation Department. Three ways to register! In person at the Bridgewater Recreation Department (Municipal Complex – 100 Commons Way) 9am to 5pm Monday to Thursday, 8am to 5pm Friday, drop registration off in the Recreation mail slot before or after office hours, or via postal service.

Although the Branchburg Sports Complex is an indoor facility; there may be a time where the weather will not make it possible to get there due to hazardous conditions... please visit the Township Website at [www.bridgewaternj.gov](http://www.bridgewaternj.gov) or call the Code-A-Phone at 908-526-7107 for cancellations.

Bridgewater Recreation Department 100 Commons Way – Bridgewater, NJ 08807 (908) 725-6373 office hours 9am to 5pm Monday to Thursday 8am to 5pm Friday [www.bridgewaternj.gov](http://www.bridgewaternj.gov)

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Winter Indoor Football Training! Payment Amount: « \$100.00 payable to "Branchburg Sports Complex" Check #: \_\_\_\_\_  
(Please print legibly)

\_\_\_\_\_  
Last Name (Participants)                      First Name                      Gender M or F                      Grade(2011-2012School Year)

\_\_\_\_\_  
Mailing Address                      Town                      State                      Zip

\_\_\_\_\_  
Home #                      Cell # Parent                      Email Address (mandatory – program information will be sent via email)

If the participant has individualized needs due to a disability, please check the following and someone will contact you regarding reasonable accommodations.  
 Yes, I will need to be contacted regarding special considerations for my child.

*This is a contact sport. Injuries may occur. Please note that Bridgewater Township Recreation Department does not provide individual medical coverage for its participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information.*

\_\_\_\_\_  
Parent Signature                      \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date





RELEASE AND WAIVER OF LIABILITY,



ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the sports, recreation, and/or fitness activities (hereinafter each an "Activity" and collectively the "Activities") I, for myself, and for my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of the Activity or Activities and that I am qualified, in good health, and in proper physical condition to participate in the Activity or Activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity or Activities.

2. FULLY UNDERSTAND THAT: (a) THE ACTIVITY or ACTIVITIES INVOLVE(S) RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these RISKS and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity or Activities, the condition(s) in which the Activity or Activities take(s) place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation, or that of the minor, in the Activity or Activities.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE BRANCBURG SPORTS COMPLEX L.L.C., its owners, administrators, directors, agents, officers, members, volunteers, and employees, other participants, sponsors, advertisers, and, if applicable, owner and lessors of premises on which the Activity or Activities take(s) place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF ONE OR MORE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS

EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of any such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed Name of Participant/Child: \_\_\_\_\_

Your/your child's birthday: \_\_\_\_\_

Address: (Street) (City) (State) (Zip) \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Participant's Signature (only if age 18 or over): \_\_\_\_\_

Date: \_\_\_\_\_

MINOR RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF THE ACTIVITY OR ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY OR ACTIVITIES. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH

OF THE RELEASEES FROM ALL LIABILITY CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF ONE OR MORE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY

LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM. I GIVE TO BSC AND ITS DESIGNEES, AGENTS, AND ASSIGNS UNLIMITED PERMISSION TO USE, PUBLISH AND REPUBLISH IN ANY FORM OR MEDIA, REPRODUCTIONS OF MY LIKENESS, OR MY CHILDS LIKENESS PHOTOGRAPHIC OR OTHERWISE, WITH OR WITHOUT IDENTIFICATION OF ME OR MY CHILD BY NAME.

Printed Name of Parent/Guardian: \_\_\_\_\_

Address: (Street) (City) (State) (Zip) \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18): \_\_\_\_\_ Date: \_\_\_\_\_