



# Futsal Young Lions

Futsal is one of the fastest growing sports in the United States attracting soccer fanatics. Futsal is a fast game played on a hard surfaced court that challenges you to control the ball closely. It will help you as a player to develop your basic technique and bring your game to the next level. Futsal is a sport you want to use to compliment your game of indoor/outdoor soccer. Futsal teaches the player ball control, dribbling the ball in a tight space, taking on your direct opponent, making quick decisions, taking fast shots on goal, and a lot of touches on the ball in a small space.

This class will introduce 7 & 8 year olds to the fast paced game of Futsal! During the sessions players will learn fundamentals of Futsal in a competitive environment.

- Session #1 = Mondays - 5.30pm-6.30pm September 19, 26, October 3, 10, 17, 24, 31, November 7, 2010 from 5:30-6:30pm
- Session #2 = Mondays - 6.00pm-7.00pm – November 28, December 5, 12, 19, 26, 2011, January 2, 9, 16 2012
- Session # 3 = Saturdays - 9.00am 10.00am– January 21, 28 February 4, 11, 18, 25 March 3,10
- Session # 3 = Mondays - 6.00pm 7.00pm– January 23, 30, February 6, 13, 20, 27 March 5, 12 2012
- Session # 4 = Mondays - 5:30pm-6:30pm – April 9, 16, 23, 30 May 7, 14, 21, 28 2012

All classes are held at Soccer Centers (300 Memorial Drive) in Somerset, NJ just a half mile off exit 12 off of Route 287. For more information about Soccer Centers visit [www.soccercentersnj.com](http://www.soccercentersnj.com). Cost \$105 Make checks payable to "Soccer Centers". Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department. When signing up for more than one session or child, separate checks and registration forms are required.

Three ways to register! In person at the Bridgewater Recreation Department (Municipal Building – 100 Commons Way - Bridgewater) 9am to 5pm Monday to Thursday 8am to 5pm Fridays, drop registration off in the "REC" mail slot located on Municipal grounds before or after office hours, or via postal service.

Bridgewater Recreation Department 100 Commons Way - Bridgewater, NJ 08807 (908) 725-6373  
office hours 9am to 5pm Monday to Thursday & 8am to 5pm on Fridays [www.bridgewaternj.gov](http://www.bridgewaternj.gov)

" ===== " \$105  
2011-2012 Futsal Young Lions Checks payable to "Soccer Centers"

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Last Name (Participants)	First Name	Gender
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Mailing Address	Town	State	Zip
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Home #	Cell # Parent	Work # Parent
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Email Address	Age & Date of Birth	Session # & Day & Time
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*If the participant has individualized needs due to a disability, please check the following and someone will contact you regarding reasonable accommodations.  
5 Yes, I will need to be notified regarding special considerations for my child.*

This is a contact sport. Injuries may occur. Please note that Bridgewater Township Recreation Department does not provide individual medical coverage for its participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information.

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Parent/Guardian Signature

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Date

